

BULLETIN #1



GYMFEST 2010

Dates:

May 28 - 30, 2010

PROPOSED SCHEDULE OF EVENTS:

May 28 - Arrival & Coaches Meeting
May 29 - Opening Ceremonies, Workshops &
Performance Rehearsals
May 30 - Performance Day

LOCATION:

Sevus Place
400 Campbell Road
St. Albert, AB

www.playitup.org

Theme:

Beach

DISPLAYS/ROUTINES:

- * Five (5) minutes will be the maximum length of time allotted for each routine.
- * Minimum number of performers allowed on the floor at one time will be eight (8). No maximum.
- * Maximum of 2 performances per club. One performance per athlete.
- * One master music CD will be produced. Groups are urged to send their music on CD or email music file to gpeake@abgym.ab.ca.

TENTATIVE WORKSHOPS:

- * Beach Mass Routine Rehearsal
- * Hula Dancing
- * Fruit Kabob Kitchen
- * Survivor Challenges
- * Bollywood Dancing
- * Zumba Dance workout
- * Inflatable bouncers...AND much more.

ACCOMMODATION OPTIONS

HOTEL ACCOMMODATIONS:

ST ALBERT INN & SUITES:

The St. Albert Inn & Suites is located at the gateway of St. Albert on Highway #2. This property is only 15 minutes from West Edmonton Mall, while still offering a small community charm. For more information, please visit: www.stalbertinn.com.

- * 148 Spacious Guest Rooms/Suites
- * 100% Non Smoking
- * Telephone / Voice Mail
- * Wireless/HS Internet
- * Access Level 2 Rooms
- * Executive/Air Tub Jacuzzi Rooms
- * Card Locks
- * Exercise Room
- * Restaurant/Sports Bar
- * Pool/Waterslide/Hot tub
- * Guest laundry facilities
- * ATM

GROUP RATES FOR 2009 ARE AS FOLLOWS:
\$114 for 1 or 2 people & \$124 for 3 or more plus applicable taxes. These rooms are in the original part of the hotel (South Wing). Children 12 years and under stay free.

RESERVATIONS:
Group Booking Name: "Gymfest" group # 890
For reservations call: 1-800-450-8612

BEST WESTERN WESTWOOD INN

Conveniently located 15 minutes from St. Albert and 5 minutes from West Edmonton Mall (driving time), the Best Western Westwood Inn offers convenience and comfort. Each room features cable satellite television and free wireless high-speed Internet access. Enjoy a delicious meal at the hotel's onsite restaurant before relaxing in the indoor heated swimming pool or working out in the exercise facility. For more information, please visit: www.bestwesternalberta.com



THE RATES FOR GYMFEST PARTICIPANTS ARE AS FOLLOWS:
2 Queen Beds - Up to 4 people \$119.99 per night + taxes
2 Double Beds - Up to 4 people \$119.99 per night + taxes

BREAKFAST OPTION:

Breakfast is not included in the above rate. However this property serves a breakfast buffet daily. If groups would like to incorporate breakfast with the accommodation cost the breakdown would be as follows:

1-2 guests in the room \$129.99 per room per night + tax
3-4 guests in the room \$139.99 per room per night + tax

RESERVATIONS:

Group Confirmation # 1701

To ensure consistency and accuracy of all group bookings, and to set up the initial blocks, clubs can contact the Regional Director Sales and Marketing direct via email rdsm@bestwesternwestwood.com, telephone: 780-483-7770 ext 290, or to the hotel directly 1-800-557-4767.

In order for *Best Western Westwood Inn* to provide proper accommodation and manage room inventory, the Hotel must receive reservations no later than **May 15, 2010**. The Hotel cannot guarantee availability of rooms and rate after this cut-off period.

THE FANTASYLAND HOTEL

The Fantasyland Hotel, located in the heart of the worlds largest shopping and entertainment complex. West Edmonton Mall, invites you to discover a world of adventure. The Fantasyland Hotel features over 350 guest rooms including 118 world famous theme rooms, offering 11 unique styles and themes. Relax in a classical Roman room, escape to an island in the Polynesian room, take an African safari in the African room or hit the sack in the back of a Pick Up in our truck theme room. Visit: www.fantasylandhotel.com for more information.

THE RATES FOR GYMFEST PARTICIPANTS ARE AS FOLLOWS:

Superior room (basic room, 2 queen beds) \$180 + taxes
Executive room (Jacuzzi room, 1 king, 2 queens or 1 king with bunks) \$210 + taxes

Theme room

(Jacuzzi room, bedding varies per theme) \$260 + taxes

Luxury Theme room

(Jacuzzi room, bedding varies per theme) \$325 + taxes

RESERVATIONS

Group Name: Alberta Gymnastics Federation

Dates: May 28-30, 2010

Group Code: 11000064973

Guests may phone the toll free reservations line at 1-800-737-3783 (1-800-RESERVE) to book your accommodations. A credit card number will be required to secure any reservation.

Meal Plan:

AGF will be organizing onsite catering for individuals wishing to eat while at Servus Place. Meal tickets will be pre-purchased. The meal plan order form will be found within Bulletin #2.

Gymfest After Dark:

The Alberta Gymnastics Federation is organizing a special Luau party for Gymfest participants and their families. More details will be found in Bulletin #2.

Visitor Attractions:

- * West Edmonton Mall
- * Fort Edmonton
- * Muttart Conservatory
- * Whitemud Amusement Park
- * Odysseum

For more information regarding Edmonton attractions visit: www.edmonton.com

Upcoming Deadlines:

- * Event Poster-January 2010
- * Second Information Bulletin & Registration Package - January 2010
- * Registration Deadline - March 1, 2010

FOR QUESTIONS OR MORE
INFORMATION PLEASE CONTACT:

Gina Peake @

ALBERTA GYMNASTICS

PHONE: (403) 212-5727

EMAIL: gpeake@abgym.ab.ca

OR

VISIT THE AGF WEB SITE:

[WWW.ABGYM.AB.CA](http://www.abgym.ab.ca)

