



BULLETIN #1

2010 North Zone Championships for Rhythmic Gymnastics

Wednesday, March 24, 2010

Kinsmen Sports Center

Hosted by the Edmonton Rhythmic Gymnastics Club

Purpose:

The purpose of the North Zone Provincial Level Championships is to declare North Zone Champions and to determine the gymnasts that will advance from the North Zone to the 2010 Provincial Championships in Edmonton on June 19th. Advancement is automatically attained by the top four gymnasts in each subgroup. If there are more than four gymnasts registered in each subgroup there is a fill policy developed by the Competitive Development Committee that the coaches will explain to gymnasts and parents. Groups will perform once.

North Zones also provides an opportunity for Interclub and AGG competitors to perform their routines and receive constructive feedback from rhythmic experts. This opportunity is meant to encourage the participation of a wider group of athletes in competitive gymnastics in Alberta. This portion of the competition will be adjudicated rather than judged and will not require Difficulty and Artistry sheets to be submitted.

Deadlines:

- Pre Registration is due by E-mail to whitford@ualberta.ca by **Friday, February 19, 2010**
- Final registration forms and fees will be due on **Monday, March 8, 2010.**
- ROUTINE SCRIPTS ARE DUE: **Friday, March 19, 2010.**

Organizing Committee:

Meet Director: Rita Whitford
RGA Liaison: Diane Gunn
Technical Consultant: Judit Berecz
Treasurer: Debbie Chelle
Registrar: Pauline Sha
Sponsorship Coordinator: Lori Parry
Facilities & Equipment Coordinator: Lori Parry
Awards Coordinator: Tashya Fedoretz-Maxwell
Hospitality Coordinator: TBD
Medical Coordinator: Cindy Dilorenzo
Video Coordinator: Ron Wong
Music Coordinator: Inge Fenger-Andersen
Program / Scoring: Peter Sha

All inquiries may be directed to:

Rita Whitford

PH: 780-478-4868

whitford@ualberta.ca

Competition Venue: Kinsmen Sports Center (Edmonton AB)

Competition Area: East volleyball courts

Practice & Warmup Area: Adjoining Competition area.

REGISTRATION:

- Please provide pre-registration numbers to: whitford@ualberta.ca by February 19, 2010.
- Final registration forms and fees will be due on Monday, March 8, 2010.
- ROUTINE SCRIPTS ARE DUE Friday, March 19, 2010.

Registration Fee: \$20 per Interclub Participant or Group Member
\$50 per Provincial Gymnast or Group | \$60 per National Level Gymnast

Refund Policy: Entry fees are NON-REFUNDABLE

Eligibility: All competitors, coaches and judges must be registered with RGA for the 2009 - 2010 competitive season.

Draw: The official draw will be conducted electronically by the Executive Director (Diane Gunn), and the Meet Director on **Friday, March 19**.

Meeting: The Technical/Judges Meeting will be held in the Board Room at Kinsmen Sports Centre on Wednesday, March 24, 2010 at 3:00 pm (time to be confirmed)

PIPEDA/IMAGE: Registration in this competition indicates full agreement with RGA PIPEDA and Image Release forms and is confirmation that these forms are held by the member club.

Competition Area: 1 carpet Mitufa, beige Height of Ceiling: > 12 meters
Warmup Area: ½ Training Carpet Height of Ceiling: > 12 meters

Technical Value: Difficulties as per 2009-10 Revised FIG Code of Points
NOTE: requirements for all levels are available on the GCG or RGA website – GCG-RG Program Technical Rules and Regulations for Novice and Prenovice, Provincial Level, AGG and Interclub

Artistic Value: As per 2010 FIG Code of Points

Execution: As per 2010 FIG Code of Points

Tentative Schedule:

2:45 – 3:00 PM.	Set up
3:00 – 3:15 PM.	Open carpet and Warm up Judges Meeting
3:15 – 4:30 PM	Provincial level 6B and 6C and National Level
4:30 – 4:45 PM	Break
4:45 – 4:50 PM	Opening Ceremonies
4:50 – 6:30 PM	Provincial levels 1,2,3,4 & 5
6:30 – 6:45 PM	Clean up
6:45 – 7:00 PM.	Awards

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PARTICIPANT RELEASE FORM

Athlete _____ Coach: _____ Judge: _____

1. I accept the position for which I have been named for the above Event
2. In consideration of the Edmonton Rhythmic Gymnastics club (ERSGA) and Rhythmic Gymnastics Alberta (RGA), providing services, supplies, and facilities for the above event, I do hereby, for myself, my child or ward, our heirs, executors and administrators release and forever discharge ERSGA, and RGA and all its servants, agents, officers and employees and all persons assisting them from any and all liability for injury, loss, sickness, death, or any other damage resulting from the negligence of any of the above-mentioned persons, or from any cause whatsoever attributable in any way arising out of my participation in such event or in conjunction with my association with or entry in the event or which may arise out of my travelling to, attending or returning from such event.
3. I hereby covenant and agree to save harmless ERSGA and RGA and its servants, agents, officers, employees and persons assisting them from all claims and demands whatsoever which may be made in respect of such injury, loss, sickness, or any other damage which may happen to me or my child or ward.
4. I have completed the RGA Image Release form and PIPEDA form and they are on file with my RG club.

Dated at _____ this _____ day of _____, 2010.

Witness: _____ Signed Participant: _____

Witness: _____ Signed Parent or Guardian: _____

RECORD OF CONSENT FOR MINORS

Adult gymnasts do not need to complete but should have Alberta Health Care Card at competition.

Event Date: March 24, 2010

Event Location: Edmonton, Alberta

I, _____ give my permission for emergency medical/surgical to be given by the Canadian physicians forming part of the event team or such local practitioners as they see fit to select to _____ who is my daughter.

It is understood that wherever possible I shall be contacted, informed of the problem, diagnosis, treatment required and the hoped results.

During the period of _____ I can be reached at the following telephone numbers;

_____ or _____

Medical Insurance No. _____

Signature Parent or Guardian _____ Relationship _____

Date _____ Place _____ Witness _____

Special health or medical information relating to allergy, previous injury or any special needs and considerations.
