

The ALBERTA GYMNASTICS FEDERATION Presents:

BULLETIN #2



GYMFEST
2010

New Date
&
Location

May 15 & 16, 2010

GRANT MACEWAN UNIVERSITY
EDMONTON, AB



GYMFEST 2010

Don't miss out on this fantastic opportunity to showcase your participants talent, dedication, and love of the sports of gymnastics and dance.

The Alberta Gymnastics Federation is proud to open this event to all interested gymnasts in B.C., Alberta and Saskatchewan who share a common trait: *The love of performance.*

Almost anyone can participate in Gymfest. Routines can demonstrate gymnastics, dance, rhythmic, acrobatics, aerobic or any other style of performance.

Routines must be group oriented, and not individual routines, and should not be competitive in nature.

Location:

Grant MacEwan University
Centre for Sport & Wellness
10700—104th Avenue
Edmonton, Alberta

MAY 15 & 16, 2010

Registration Deadline:
Monday, March 1, 2010

Please send completed registration forms and checklist to:

Alberta Gymnastics Federation
#207, 5800 - 2nd Street S.W.
Calgary, Alberta
T2H 0H2

GYMFEST 2010

WHAT IS IT?

Gymfest is a demonstration event for groups of gymnasts, acrobats, dancers or any combination. The theme of this year's event is "Beach". This is an opportunity to be creative and to have fun with what is being termed 'gymnastics for all', so the sky is the limit when it comes to composing the routine. Costumes, extra equipment, fun, music, and most importantly smiles can all make up your routine. Please note that this is a family event and themes, music and costumes must be appropriate for all audiences.

REGULATIONS:

1. Routines must be no longer than 5 minutes. This will be monitored in warm up, and groups will be warned if their routine is too long. There are many groups performing, so time will be tight on performance day.
2. Groups should be more than eight participants, but can be as large as what can safely perform. **Only 1 display per participant.**
3. Each group will have an opportunity to choose their own music. However, groups are asked not to use the following song titles: "Wipe Out" & "The Summer is Magic" as these tracks have already been selected by the organizing committee to be played during the show. Groups will be responsible for providing a copy of their music (preferably on CD) — which must be clearly labeled with music title and club name. A master CD will be compiled for rehearsals and performance day. However, please have a back-up CD or audio tape with you in case of technical difficulties. Your music file must be sent with your completed registration package by March 1, 2010. Absolutely no music files will be accepted from the floor
4. Your club must supply any extra equipment needed. Please label your equipment.
5. Fun must be your reason for participating at Gymfest!!!!

GYMFEST ACTIVITIES

SATURDAY WORKSHOP

INFORMATION

Groups may choose to attend two or three of the seven workshops we have planned, plus the mandatory mass routine clinic. They will be fun and exciting and will try to engage and reflect the age of all the participating groups. Please note: Workshops are scheduled on a first-come first-serve basis. Therefore, clubs that register early will have a better chance of getting the workshops they prefer.

POLYNESIAN DANCING, SURVIVOR CHALLENGES, SAND CASTLE BUILDING, ZUMBA DANCING, HULA HOOP, BALLESTONE, BEACH VOLLEYBALL & MASS ROUTINE CLINIC

SATURDAY REHEARSAL

Your rehearsal will take place in the main gym on Saturday. You will receive a confirmation package in mid April that will inform you of your groups' workshop schedule and rehearsal time. During rehearsal time, each group will receive 15 minutes to get accustomed to the floor, the entrance and exit.

Your routine time will be monitored - maximum allotted performance time is 5 minutes.

SATURDAY EVENING - LUAU PARTY!

We are hosting a Luau party for all Gymfest 2010 participants, coaches, families and supporters. It will be a fun filled evening with fantastic food and activities. Grant McEwan has prepared a fabulous Hawaiian themed buffet that will include: Pineapple glazed chicken fingers, yam fries, veggies and dip, slow roasted pork, grilled vegetables, baked pasta, dessert, coffee and juice. Plus we will have face/arm painting, bouncy equipment, limbo contests and more. Tickets must be purchased in advance. **REMEMBER TO DRESS IN HAWAIIAN ATTIRE!**

COMPLETE THE REGISTRATION FORM:

Registration Fees:

\$60/ATHLETE

\$30/COACH

Deadline:

MARCH 1, 2010

As this event is an overnight event in a location away from home, it is important that the organizing committee have access to medical information of each Gymfest participant. This information will only be accessible by the Gymfest organizing committee. Please ensure that all the forms are filled out completely and returned by the registration deadline. Participant fee includes: workshops, t-shirt & team award.

GROUP ROUTINE

Gymfest groups will be given access to a Mass Routine video which they are encouraged to master prior to attending Gymfest. There will be a mandatory mass routine workshop offered to all participants on Saturday May 15, 2010. During this workshop, the athletes will learn and practice the choreography for the mass routine which will take place at the end of each show. The mass routine will include all participants on the floor together.

DESCRIPTION OF YOUR DISPLAY

Each group is asked to give a brief, detailed description of their display and provide photo of their group. This is required to prepare a commentary for the display, and content for the event program. The photo can be sent electronically to gpeake@abgym.ab.ca or as a hard copy with your completed registration package.

CONFIRMATION PACKAGE

A confirmation package will be mailed to each registered Gymfest group with more specific details for workshop schedules, rehearsal time and a confirmation of your order forms. It is strongly encouraged that you copy the confirmation package and give it to all of your participants so everyone knows what will occur during the weekend.

Note: *The enclosed forms should be returned to the AGF office by the deadline with all the required information included. Each club is responsible for keeping track of their order of t-shirts, registrations and meal vouchers. The Gymfest organizing committee only wants the final number. In other words, you will collect all the money and orders for your athletes and parents, fill out the appropriate forms with the final total and then send one payment in for your entire group.*

TENTATIVE SCHEDULE OF EVENTS

FRIDAY, May 14, 2010

7:00 pm Coaches Meeting, Facility Tour and Coaches Challenge
(Coaches only - pick-up information packages)

SATURDAY, May 15, 2010

9:00 am - 5:00 pm Scheduled Workshops
(Seven workshops offered, each group will attend 2 or 3, plus the mandatory Mass routine rehearsal)

9:00 am - 5:00 pm Scheduled Rehearsal
(Rehearsal times will be scheduled)

6:00pm - 9:00pm

LUAU PARTY!

SUNDAY, May 16, 2010

MORNING SESSION

9:00 am Opening Ceremonies for morning session.
9:15 am Performances begin

AFTERNOON SESSION

1:00 pm Opening Ceremonies for afternoon session.
1:15 pm Performances begin

The event should be finished by 4:00 pm on Sunday afternoon.

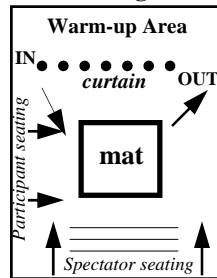
Note: Spectator admission to the event is \$3.00, children under two years are free.

FACILITIES

VITAL INFORMATION

PERFORMANCE AREA

The host club will be supplying a 40'x40' floor mat (non sprung floor) for the main display area. Other supplied equipment includes two mini tramps, two landing mats, and one trapezoid. **Your club must supply all other equipment.** If you choose to bring your own equipment, please clearly label all pieces. You may drop off your equipment before the coaches meeting on May 14, 2010.



GRANT MACEWAN UNIVERSITY

Grant MacEwan University, Centre for Sport and Wellness is located in downtown Edmonton at 10700—104th Avenue. Please refer to map on page 8 for more information regarding location and parking.

TRANSPORTATION

AIRPORT TRANSPORTATION

Skyshuttle provides quick and easy transportation to and from Edmonton's International Airport. Skyshuttle offers a spacious and comfortable way to travel, with ample room for groups and families, as well as all luggage and travel necessities. Trips to the airport must be booked online at www.edmontonskyshuttle.com or by phone at 780-465-8515.

PUBLIC TRANSIT

Grant MacEwan University is a major hub for public transit to all areas of the city. Please visit www.edmonton.ca and follow the link to the "Transit" page for more information regarding, fares, routes and hours of operation.

GROUP TRAVEL FUND

AGF has developed a fund to help AGF member clubs traveling to Gymfest. Your club can apply for funding to help offset the cost of travel. Contact Gina Peake at AGF, 1-800-665-1010 for application. Application deadline is June 1, 2010.

DINING & ATTRACTIONS

DINING

The Alberta Gymnastics Federation (AGF) has organized catering for those wishing to dine while on Campus. All meal plans must be pre-booked through AGF. AGF must provide final numbers to the caterer in advance, therefore additional meals vouchers cannot be purchased at the door. See page 11 for more information.

ATTRACTIONS AROUND EDMONTON

- West Edmonton Mall
- Fort Edmonton
- Muttart Conservatory
- Whitemud Amusement Park
- Odyssium

ACCOMMODATIONS IN EDMONTON

HOTEL ACCOMMODATION

Rooms at The Coast Edmonton Plaza Hotel have been block booked for Gymfest participants and supporters.

Located at 10155 - 105th Street, the Coast Edmonton Plaza is within walking distance to the Grant MacEwan campus. Gymfest participants will receive Comfort Coast rooms at \$99 per night (single to quad occupancy) plus taxes. The price of guest parking at the Coast Edmonton is included.

This special rate has been organized specifically for event participants. To obtain this rate, simply state that you are with "Gymfest 2010" when you book your room. Room reservations should be made prior to April 23, 2010 to ensure availability and rate.

Check in time: 3:00pm

Check out time: 11:00 am

Other hotel amenities include: fitness centre, indoor pool, whirlpool and steam room.

For room reservations call 1-800-663-1144 and state that you are with "Gymfest 2010".

GRANT MACEWAN RESIDENCE

The beautiful new MacEwan Residence is located in downtown Edmonton (110th Street – 104th Avenue) and is located across the street and connected by ped-way to the MacEwan Centre for Sport and Wellness where Gymfest 2010 is taking place. It is also within walking distance to restaurants, shopping, entertainment, LRT and Edmonton's spectacular river valley.

The MacEwan Residence features 2 bedroom and 4 bedroom units all with private bathrooms. Each bedroom is equipped with one double bed which is made up with sheets, blankets and 2 pillows.

Housekeeping services are provided every 3 days.

- 2 Bedroom Suite-\$80.00/night (Max 4 guests)
- 4 Bedroom Suite-\$160.00/night (Max 8 guests)

Suite kitchenettes come complete with a refrigerator, microwave oven and cook top. Each floor in the residence has two laundry rooms and two common area lounges with expanded satellite TV service. Vending machines and an automated banking machine are also available in the building. Convenient parking for buses and vehicles is available adjacent to the Residence.

For a virtual tour of the facilities visit: www.macewan.ca/residence

The MacEwan Residence and all Grant MacEwan facilities are smoke free environments. There is a designated smoking area outside the residence for guest convenience.

A block of rooms has been reserved for Gymfest 2010 under the name "Alberta Gymnastics". To guaranteed these special discounted rates, please reserve your accommodation by April 14, 2010. Fill out and submit the reservation form on page 7 or call (780) 633-3623 for reservations.



CITY CENTRE CAMPUS PARKING INFORMATION



GATE I **City Centre 107st Underground**
 Mon - Fri (6:30 a.m. to 10:30 p.m.) \$1.75 per 1/2 hr, \$12.50 daily Max.
 Mon - Fri (5:00 p.m. to 10:30 p.m.) \$4.00/evening
 Weekend (7:00 a.m. to 5:00 p.m.) \$4.00/day



Self Pay Station located at bottom of each stairwell to the Parkade

GATE D **GATE G** **Robbins Health Learning Underground**
 Mon - Fri (6:30 a.m. to 10:30 p.m.) \$1.75 per 1/2 hr, \$12.50 daily Max.
 Mon - Fri (5:00 p.m. to 10:30 p.m.) \$4.00/evening
 Weekend (7:00 a.m. to 5:00 p.m.) \$4.00/day



Self Pay Station located at bottom of East & West stairwell to the Parkade

GATE D **GATE G** **West Parkade (North 110 St. off 104 Ave.)**
 Mon - Fri (6:30 a.m. to 10:30 p.m.) \$1.50 per 1/2 hr, \$9.50 daily Max.
 Mon - Fri (5:00 p.m. to 10:30 p.m.) \$4.00/evening
 Weekend (7:00 a.m. to 5:00 p.m.) \$4.00/day



Self Pay Station located at east side of the 109th Pedway or Ground floor in the South West corner of West Parkade

MacEwan Parking Services supports a Green Environment, our Underground and West Parkade hourly ticketing systems are designed to conserve paper. After original entry ticket is PAID/VALIDATED at self-pay station, this ticket is now YOUR EXIT PASS.

All Parkade Pay stations accept coins, and up to \$20 bills, VISA and MasterCard.

GATE A **GATE B** **GATE C** **GATE H** **GATE J** **GATE K** **Perimeter Parking** Located around the campus buildings

Coins, Visa and MasterCard
 Mon - Fri (6:30 a.m. to 10:30 p.m.) \$2.00/hr or \$9.00/day
 Mon - Fri (5:00 p.m. to 10:30 p.m.) \$3.00/evening
 Weekend and Holiday \$3.00/day

2 Hr Max Zone (Key hole Area)
 Gate: A, B, C, H, J, and K
Daily & Hourly Zone
 Gate: H, J, and K (105 Ave)



GYMFEST 2010 GROUP REGISTRATION FORM

Please send completed forms and checklist to:
Alberta Gymnastics Federation
#207, 5800 - 2nd Street SW
Calgary, Alberta T2H 0H2

Club Name : _____

Club Address: _____

City: _____

Postal Code: _____

Club Phone: _____ Fax: _____

Contact Name: _____ Home Phone: _____

Email: _____

Music Title(s): _____

Description of Routine (Ideas: describe age and level of kids, amount of time to prepare, why they wanted to come to Gymfest 2010, why they love gymnastics and/or something unique about your group):

Total number of participants = _____

Total number of coaches = _____

Names of Coaches:

***REGISTRATION DEADLINE:
MARCH 1, 2010**

Incomplete registration packages will not be accepted, and will be sent back to the club. ALL participant waivers must be accompanied with this form. Registration packages sent after the deadline will be charged \$20.00 per day until March 8, 2010.

Registrations will NOT be accepted after March 8, 2010.

GYMFEST 2010 T-SHIRT ORDER FORM

Club Name: _____ Phone: _____

Club Address: _____

YOUTH SIZES

of Small T-Shirts needed: _____ # of Large T-Shirts needed: _____

of Medium T-Shirts needed: _____ # of X-Large T-Shirts needed: _____

ADULT SIZES

of Small T-Shirts needed: _____ # of Large T-Shirts needed: _____

of Medium T-Shirts needed: _____ # of X-Large T-Shirts needed: _____

Note: One order form per club. All registered participants and coaches will receive a t-shirt as part of their event registration fees. Clubs will receive their group's t-shirts at the Friday night coaches meeting. Coaches will be responsible for distributing the t-shirts to their athletes.

Additional t-shirts may be purchased for \$20.00 each. Please indicate the number and sizes of additional t-shirts you wish to purchase.

of additional t-shirts required and sizes of each: _____

Deadline: March 1, 2010 - Please enclose this order form with the Registration Checklist, which is found at the back of this registration package.

Meal Plan - ORDER FORM

The Alberta Gymnastics Federation (AGF) has organized catering for those wishing to dine while on Campus. Three types of meal plans are available during May 15 & 16, 2010. All meal plans must be pre-booked through AGF. AGF must provide final numbers to the caterer in advance, therefore additional meals vouchers cannot be purchased at the door.

MENU:

May 15 - Breakfast (B):

Pancakes, sausage, scrambled eggs, fruit salad, coffee/tea/juice

May 15 - Lunch (L):

Assorted Sandwiches/deli wraps, potato salad, fresh fruit tray, gourmet cookies coffee/tea/juice

May 15 - Luau Buffet

Pineapple glazed chicken fingers, sweet potato fries, veggies and dip, Slow roasted Pork Loin, baked pasta primavera, grilled vegetables
Dessert, coffee/tea/juice. Plus fun Luau activities are included in this price!

May 16 - Breakfast (B):

Bagels w/ cream cheese, yoghurt, fruit salad, coffee/tea/juice

Club Name: _____

Breakfast Meal Plan (Sat/Sun) _____ x \$18.00 = \$_____ (GST & Gratuity included)

Lunch Meal Plan (Sat) _____ x \$11.00 = \$_____ (GST & Gratuity included)

Luau Party (12 years & under) _____ x \$17.00 = \$_____ (GST & Gratuity included)

Luau Party (Adults) _____ x \$20.00 = \$_____ (GST & Gratuity included)

One order form per club. Clubs will receive their group's meal plan vouchers on May 14, 2010 at the coach's meeting. Coach's will be responsible for distributing the vouchers to the athletes and parents.

Deadline: March 1, 2010 - Please enclose this Meal Plan Order Form with the Registration Checklist, which is found at the back of this registration package.

GYMFEST 2010

SATURDAY WORKSHOP SELECTION FORM

Club Name: _____

Phone: _____

Club Address: _____

All clubs will participate in a maximum of three workshops plus the mandatory Mass Routine rehearsal. So that we may accommodate every group's workshop selections, please number your top four selections. AGF will try to place your group in the top three of your four selections. Those who register early will have a better chance of getting their top choices.

- POLYNESIAN DANCING:**
Get Tropical! Polynesian dancing conveys meaning through movement. Throw on a grass skirt and have some fun learning this art form.
- SUBVIVOR CHALLENGES:**
Back by popular demand!!! You've seen the challenges on the reality show. Now it's your turn to put your skills to the test.
- ZUMBA DANCING:**
Zumba comes from a Colombian word meaning fast. This class will take you through basic salsa, reggaeton, flamenco and cumbia steps with a fitness flare.
- HOOPING**
This hoop dancing workshop works with a very different style than rhythmic gymnastics. The workshop will include a wide range of moves that participants will be able to integrate into their routines quickly for added flare and style. Participants will experience the fun and joy of hooping and learn more about this art while developing skills and hoop dancing tricks.
- BEACH BALL VOLLEYBALL:**
Have a Ball! Play beach ball volleyball with your teammates.
- SAND CASTLE BUILDING**
Working cooperatively have fun building a huge foam block castle.
- BALLETONE**
Blended training techniques from dance, Pilates and fitness. Balletone offers a fun, invigorating workout to develop core strength, muscular endurance, dynamic balance and flexibility.

Please indicate if your group would prefer to attend two or three workshops _____

Please Note: Workshop topics may vary due to facilitator availability.

GYMFEST 2010

VOLUNTEER REGISTRATION FORM

All registered clubs are required to provide two event volunteers to work at Gymfest 2010. Each volunteer will be required to work one 4 hour shift.

Volunteer positions are as follows:

- Equipment Setup/Tear down: Help set up and remove gymnastics floor
- Ticket takers: Greet participants and take meal tickets
- Luau volunteers: Supervise activities and direct participants
- Greeters: Greet and direct participants
- Admission Sales: Sell admission tickets
- 50/50 raffle: Sell 50/50 tickets to spectators
- Back stage helpers: Help organize athletes etc.

Volunteers will be contacted by the Gymfest Volunteer Coordinator to determine volunteer duties and schedule.

VOLUNTEER 1 :

Name: _____

Phone Number: _____

Email Address: _____

T-Shirt Size (*Circle one*): _____ SM MED LG XL

VOLUNTEER 2:

Name: _____

Phone Number: _____

Email Address: _____

T-Shirt Size (*Circle one*): _____ SM MED LG XL

Club Name: _____

MEDICAL INFORMATION FORM

(participants & coaches)

Name: _____ Height: _____(cm) Weight: _____(kg)
Address: _____ Health Insurance N°: _____

Next of Kin: _____

Relationship: _____
Address: _____
Phone N°: _____
Age: _____ Birthdate: Day ____ Month ____ Year ____ Phone N°: _____

MEDICAL ALERT

Blood Type: _____ Contacts: _____
Asthma: _____ Medications: _____
Diabetes: _____ Allergies: _____
Epilepsy: _____ Hearing Aid: _____
Abnormal Heart: _____ Dentures: _____
Rheumatic Fever: _____
History of Concussion: _____
General History: _____
Operations: _____
Illness: _____
Parts Taped: _____ Parts Braced: _____

MEDICAL RECORD & MEDICAL CONSENT FORM FOR MINORS

Athlete's Name: _____

Permanent Address: _____

Parent's Telephone: Home: _____ Business: _____

Emergency Telephone: _____

I, _____ give permission for emergency medical/surgical care to be given by Canadian Physicians, or by such local practitioners as they see fit to select, to _____ who is my son/daughter.

It is understood that wherever possible I shall be contacted, informed of the problem, diagnosis, treatment required and the hoped for result.

Date: _____

Signed: _____

Signed: _____

Relationship: _____

Location: _____

Club Name: _____

PARTICIPANT'S INFORMED CONSENT FORM (Under 18)
To be completed by participants and coaches under 18 years of age

PLEASE READ CAREFULLY

Risk:

I, _____ give my consent for my child _____
(Parent's Name) (Child's Name)

to participate in Gymfest 2010 at Grant MacEwan University in Edmonton, Alberta. **I understand and acknowledge that traveling to and from and participation at Gymfest 2010 may result in personal injury** (including but not limited to: injury to internal organs, bones, joints, ligaments, muscles, tendons and other aspects of the skeletal system and potential impairment to other aspects of the body, and in rare occurrences, death, complete or partial paralysis, or brain damage) **and property damage or loss**. I fully understand these risks and give my son/daughter permission to participate in Gymfest 2010 activities.

Rules:

I understand that the rules and regulations are designed for safety and protection of the participants and hereby agree to inform my son/daughter of the importance of abiding by the rules and regulations set down by the Organizing Committee and Grant MacEwan University.

Media Release:

I hereby grant the Alberta Gymnastics Federation the right to use, without penalty of any fee or charge, any written information (excluding information contained on the Medical Consent Form), photograph, videotape, or other visual media of my son/daughter taken during Gymfest 2010 for the purpose of furthering the Alberta Gymnastics Federation objectives.

- I, as the parent/guardian of the participant named herein, hereby declare that I have read, understood and agree to the contents of this Informed Consent in its entirety.
- I, as the parent/guardian of the participant named herein, agree to assume full responsibility to instruct my child of the risks involved and to inform him/her of the importance of abiding by the rules and regulations.

Parent/Guardian Name (print)

Parent/Guardian Signature

Date

Witness Name (print)

Witness Signature

Date

Note: Collection of the personal information on this form is required for the operation of Gymfest 2010. The information will be used for said purpose and is subject to disclosure rules set forth in Protection of Information Privacy Act in the Province of Alberta. For more information about the collection and use of this information please contact the Alberta Gymnastics Federation at (403) 259-5500.

Club Name: _____

PARTICIPANT'S INFORMED CONSENT FORM (18 & Over)

To be completed by participants and coaches under 18 years of age

PLEASE READ CAREFULLY

Risk:

I, the undersigned **understand and acknowledge that participation in Gymfest 2010 activities may result in personal injury** (including but not limited to: injury to internal organs, bones, joints, ligaments, muscles, tendons and other aspects of the skeletal system and potential impairment to other aspects of the body, and in rare occurrences, death, complete or partial paralysis, or brain damage) **and property damage or loss**. I fully understand these risks and hereby agree to participate in Gymfest 2010 activities voluntarily and at my own risk.

Rules:

I understand that the rules and regulations are designed for safety and protection of the participants and hereby agree to abide by the rules and regulations set down by the Organizing Committee and Grant MacEwan University.

Media Release:

I hereby grant the Alberta Gymnastics Federation the right to use, without penalty of any fee or charge, any written information (excluding information contained on the Medical Consent Form), photograph, videotape, or other visual media of myself taken during Gymfest 2010 for the purpose of furthering the Alberta Gymnastics Federation objectives.

Liability:

In consideration of your acceptance of my entry to Gymfest 2010, I, intending to be legally bound, agree to RELEASE, SAVE HARMLESS AND INDEMNIFY the Alberta Gymnastics Federation, the Organizers and/or its agents from and against all claims, actions, costs, expenses and demands in respect to death, injury, loss or damage to my person or property whatsoever and howsoever caused, arising out of, or in connection with my association with or entry in the above event or which may arise out of my traveling to or participating in and returning from the said event.

I further agree to HOLD HARMLESS AND INDEMNIFY the Alberta Gymnastics Federation, the Organizers and/or its agents from any and all actions, claims, demands, losses judgments or costs of any nature to any third party resulting from my association with or entry in the said event and I agree not to make any claims or take any proceedings against any person, society, corporation or other legal entity who might claim contribution or indemnity from the Alberta Gymnastics Federation, the Organizers and/or its agents in respect of matters which are subject of this Release. I agree that this Release shall bind my heirs, executors, administrators and assigns.

I confirm that I am of the full age of 18 years, have read, understood and agree to the contents of this Informed Consent in its entirety.

Participant Name (print)

Participant Signature

Date

Witness Name (print)

Witness Signature

Date

Note: Collection of the personal information on this form is required for the operation of Gymfest 2010. The information will be used for said purpose and is subject to disclosure rules set forth in Protection of Information Privacy Act in the Province of Alberta. For more information about the collection and use of this information please contact the Alberta Gymnastics Federation at (403) 259-5500.

Club Name:_____

GYMFEST 2010 - REGISTRATION CHECKLIST

Please return this Registration Check List prior to March 1, 2010 with the following:

- Registration Form (1 per club)(pg 9)
- Group Photo (1 per club) - can be emailed to gpeake@abgym.ab.ca
- One master music CD
- T-Shirt Order Form (1 per club)(pg10)
- Meal Plan Order Form (1 per club)(pg11)
- Saturday Workshop Form (1 per club)(pg12)
- Volunteer registration Form (1 per club)(pg13)
- Informed Consent Form (1 per participant/coach)
- Medical Consent Form (1 per participant under 18 years)
- Medical Information Form (1 per participant/coach)

Please make one payment per club for the following (GST Included):

Name of Club: _____

of Athlete Registrations: _____ x \$60.00 = \$ _____

of Coach Registrations: _____ x \$30.00 = \$ _____

of Event Programs: _____ x \$5.00 = \$ _____

of Breakfast Meal Plan (Sat & Sun): _____ x \$18.00 = \$ _____

of Lunch (Sat): _____ x \$12.00 = \$ _____

of Luau Party Tickets (12 years and under): _____ x \$18.00 = \$ _____

of Luau Party Tickets (Adult): _____ x \$20.00 = \$ _____

of Additional T-shirts: _____ x \$20.00 = \$ _____

Late Registration fee: _____ day (s) x \$20.00 = \$ _____

(For registration packages received by AGF after March 1, 2010)

Total: \$ _____

Cheque MasterCard

Visa

Credit Card # _____

Signature _____

Exp. date _____