



REGULATIONS

For 1st International Individuals Tournament "Baltic Rhythmic Gymnastics Junior Cup"
24th – 25th March, 2012 - Gdynia Poland

- Date of Tournament:** **March 24 – 25, 2012**
Arrival of delegations: March 23 (Friday), 2012
Departure of delegations: March 26, 2012 (morning)
- Venue: Complex of Sports-Schools in Gdynia, Poland
- Delegation: maximum 8 persons, including:
2 gymnasts junior,
2 gymnasts pre-junior – born 2000,
2 gymnasts pre-junior – born 2001,
1 coach,
1 judge.
- Programme: Free exercises according to the requirements of the FIG for individuals junior and pre-junior (detail for pre-junior on next page).
- Financial Terms:
Start fee:
- individual junior – 20 €
- individual pre-junior – 20 €
- Accommodation: The delegation (8 persons) will have to pay 40 euro/person/night for all accommodation costs. Our tournament hotel is - Hotel Orbis Gdynia.

Additional persons/days will be at the expense of your delegation – 60 € per person per day (incl. accommodation, meals and local transportation).

All participants will be picked up at the Gdynia Railway Station or Gdansk Rebiechowo "Lech Walesa" Airport and provided with free local transportation to hotel, competitions venue and back.
All travel expenses to Gdynia Railway Station or Gdansk Rebiechowo "Lech Walesa" Airport and back are at the charge of the participating countries.
- Gala: We ask for the preparation of show on "Gala-show" - which will take place on Sunday (25 March), at least 1 competitor from the club, the time of duration of the show max. 3 minutes.

Please, confirm your entry to participate in our Tournament before January 20th, 2012 with enclosed application.

Contacts to the Organizing Committee:

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Regulations for Pre-Juniors (born 2000-2001) competition:

- 3 apparatus:
 - 2001** rope, hoop, and one to choice
 - 2000** hoop, ball and one to choice
- 10 difficulties max
- rope: 3 jumps, 3 pivots
- hoop: 2 jumps, 2 pivots, 2 balances, 2 flexibilities
- ball: 3 flexibilities, 3 jumps
- ribbon: 3 jumps, 3 pivots
- clubs: 3 pivots, 3 balances
- D1 – max 6.0
- D2 – max 9.0
- A – 10.0
- E – 10.0